

I am a bi-cultural and bilingual Licensed Clinical Social Worker with many years of experience in various aspects of therapeutic work. Having graduated with distinction from University of Michigan, Ann Arbor with my Masters in Social Work in 2005, I became licensed in California in 2008. Since then, I have practiced direct work with clients by providing individual therapy and group therapy to a large array of populations with a specialization in the treatment of adults, LGBTQ, Latinos, and older adults. My clinical areas of interest are grief and loss, depression, anxiety, PTSD, end of life decisions, cognition and aging.

Throughout my career, I have supervised many employees, ran outpatient mental health programs successfully at a local nonprofit and trained countless interns and prelicensure staff. I meet all qualifications by the Board of Behavioral Sciences to supervise individuals for license hours. I have received specialized post graduate training from Stanford Geriatric Clinic and completed a 9 month interdisciplinary training through UCSF among other trainings.

I diversify my experience by pursuing areas close to my heart. For me, that translates to providing individuals with evaluations to use in immigration proceedings such as asylum, UVISA and Hardship waivers. I also enjoy my time meeting new students in the field of social work and leveraging my relationships with local Universities and experience being a Field Instructor, I currently am the Field Liaison at Parent Solutions.