

Graciela Rodriguez Garcia has a clinical license in social work and is currently earning her PhD in infant and early childhood development. For the past nine years, she has been providing bilingual and bicultural mental health services for children, adults, and families. In 2011, she became a children program manager at an emergency and confidential domestic violence shelter, where she co-founded a program for children exposed to domestic violence and sexual abuse. Soon after, she was recognized as an outstanding employee of the year for her contributions to the nonprofit sector and prevention and early intervention strategies to help families with young children.

In her role as a mental health therapist, she has facilitated support groups for children and adults who have experienced domestic violence as well as for sexual abuse survivors. She has led couples groups focused on positive parenting strategies and helped children and adults overcome challenges related to anxiety, depression, grief, trauma, and other mental health challenges through individual, couples, or family therapy. Over the past four years, she has also provided mental health services in the evacuation centers set up in response to the wildfires in Northern California.

Rodriguez Garcia is trained in child-parent psychotherapy (CPP), an evidence-based practice to help children ages 0-5 and their families heal from trauma. This relationship-based treatment focuses on restoring a sense of safety and trust within the parent-child relationship and strengthening attachment and normal developmental functioning. She is a fellow from the University of California Davis Napa Infant-Parent Mental Health Fellowship, an intensive, interdisciplinary training program with the latest research on models of care, whose faculty are recognized as some of the foremost experts in the field of mental health. She holds a certificate as a domestic violence and sexual abuse advocate. She has presented at the National ZERO to THREE Conference in Denver, Colorado, and for the Infant Development Association of California annual conference.