

Elizabeth Jorgensen

I am an Associate Social Worker based in San Jose, CA, where I have lived for nearly 15 years. I grew up in rural Utah, obtaining my Bachelor of Arts in Social Work at Utah State University, with minors in both music and sociology. I then spent over a decade working with youth and families in different capacities including social-emotional skills development, educational settings, residential treatment and outpatient programs, and case management with refugee foster youth. I recently returned to earn my Masters in Social Work from San Jose State University and am now providing therapy to youth and families while working toward clinical licensure.

I love working with youth, young adults, families, and parents/caretakers. I'm interested in neurodivergence, parenting issues, relationship issues, trauma, grief and loss, anxiety, depression, LBGTQ+ issues including identity development and exploration, and am familiar with issues related to all members of the adoption constellation. I have an eclectic style, pulling from different modalities to find the right approach for each individual. I love to get creative by including art and play-based activities!