

Luiza Silveira, LCSW

I am a Licensed Clinician Social Worker with years of experience in working with children and families. I obtained my Bachelor of Arts in Psychology and Communications from the University of California, Davis and my Master's Degree in Social Work from San Jose State University. I have lived in the Bay Area most of my life.

I have worked with children and families for about 17 years. I started my journey in working with children as a teacher in Special Education where I worked with neurodivergent children primarily diagnosed with Autism. After attaining my Master of Social Work Degree I worked with a couple ABA organizations as a Supervisor and Behavior Consultant where I focused on developing plans for behavioral management in the home and school environments for children and adolescents ages 4-18. In this role I became familiar with IEP's and 504 plans as well as Behavior Intervention Plans.

After working primarily with the Autism population for about 8 years I shifted my focus to providing psychotherapy to children and families. For the past 11 years I have been providing psychoeducation and psychotherapy to children, families, adults, and couples referred by the court system as well as in private sectors. I also work with parents and children in Reconnection Therapy.

I am bi-culturally sensitive when working with children/adults experiencing symptoms of depression, anxiety, and adjustment; working with families experiencing challenges in maintaining healthy communication and connection; Co-parenting and Parallel parenting therapy/classes; working with parents in developing positive parenting skills, and behavior management; working with neurodivergent children and supporting their family.